1. The ____ are the most frequently injured part of the body.
   A. Feet  
   B. Hands  
   C. Eyes  
   D. Ears

2. Knowing when to not wear gloves can be as important as knowing the ____ gloves to wear on the job.
   A. Correct  
   B. Wrong  
   C. Color of  
   D. Possible

3. Workplace hand injuries are commonly caused by boredom, inattentiveness, and ____.
   A. Sleepiness  
   B. Tiredness  
   C. Sickness  
   D. Distractions

4. Always cut ____ your body.
   A. Behind  
   B. Toward  
   C. Away from  
   D. Around

5. Store knife blades pointing ____.
   A. Downward  
   B. Sideways  
   C. Upward  
   D. Perpendicular

6. ____ gloves and any hand and arm protection before use.
   A. Label  
   B. Ignore  
   C. Destroy  
   D. Inspect

7. Protective hand and arm equipment includes gloves, finger guards, and ____.
   A. Steel-toe boots  
   B. Arm coverings  
   C. Ear plugs  
   D. Faceshields

8. ____ use your hands as tools.
   A. Sometimes  
   B. Always  
   C. Never  
   D. Rarely

9. ____ cuts, scrapes, and punctures so they can be treated.
   A. Report  
   B. Ignore  
   C. Hide  
   D. Downplay

10. Do not alter or ____ machine guards
    A. Inspect  
    B. Use caution with  
    C. Clean  
    D. Remove
Instructors: The following key shows the answers for the Hand Safety safety meeting quiz.

1. B
2. A
3. D
4. C
5. A
6. D
7. B
8. C
9. A
10. D